

# K4B November 17th Newsletter

## This Week's Activities



**Reading:** This week we identified the letter name and sounds of Ss and Tt. S-s-s-sun and T-t-t-turtle.

**On Monday and Tuesday,** we finished up our unit on the 5 food groups. Scholars attempted to draw a healthy meal, selecting one (or more) items from each of the food groups.

We finished comparing the adventures and experiences of characters in the stories of The Little Red Hen. We have re-told the story using picture cards, our own memory, using puppets and by using pictures in an unread story book. On Thursday your scholar colored and cut out their own puppets to orally re-tell the story. The skill of using pictures from a book to retell the story is hard for some scholars. Before you read a book to your child, practice taking picture walks through the books. Have your child use the pictures to tell the story. After they tell the story, read the story. Compare the stories. Using picture clues is a reading skill so practicing this skill now will benefit your child's skills as a reader.

**On Wednesday** we began learning about the first Thanksgiving. The scholars are learning to compare the things that are the same and the things that are different in each story. They are learning to use the illustrations to tell the events of the story, connecting the illustrations to the text. They are also learning to re-tell a story with a beginning, a middle and an end.

**Math:** This week we practiced graphing in the classroom with a lesson that extended home for families to complete. If you did not return lesson 6, please do so. 😊 We also identified and wrote the number 12. We showed the value of 12 and colored 12 circles. We are ordering the numbers 0-12. We are identifying what number comes **after**, **before** or **between** when the numbers are in order. We also practiced using pennies to buy items.

**Religion:** We reviewed the story of the Loaves and Fishes and I introduced the story of The Poor Widow. Both stories encourage sharing and giving. Please remember to support our service project by sending in non-perishable food items. We will continue to collect until Thanksgiving break! Thank you for your generosity in this service project to help those who are hungry!

**Social Studies:** We are identifying Thanksgiving as a holiday. At Thanksgiving we give thanks for all we have.

**Art in the classroom:** The scholars are busy cutting, gluing and coloring to make a Thanksgiving booklet. The booklet will be sent home next week in time for your Thanksgiving celebrations!

**Science:** This week our science focus was learning that people can use what they know about plant needs to care for plants. We discussed this as we learned how the Native Americans taught the Pilgrims how to grow food in America.

**Our CEE book fair will end November 21<sup>st</sup>.** Our class does not visit the book fair. You are invited to visit the book fair with your child. The All for Books is an optional donation you can make. Money collected goes to create classroom collections! If you do donate, please have your scholar write their name and below the name line write in K4B to represent our classroom!

**My Healthy Plate-**Last week and this week we identified food items for each of the five main food groups-grains, proteins, fruits, vegetable and dairy. We are also identifying healthy food choices and identifying foods that are sweets (they have no nutritional value or have too much sugar). We have been looking at hot lunch and identifying how each component of lunch belongs to one of the five main food groups. At home help your child identify the food they eat and what food group each item belongs in. When packing lunches or snacks for school consider including more vegetables and less cookies and fruit snacks. At this age a little goes a long way!

#### **Paperwork coming home**

**\*My favorite meal, My Plate and My favorite healthy meal-** At the beginning of our unit on food, marked before, I asked each scholar to draw their favorite meal. After we learned about the 5 food groups, scholars colored my plate to help them remember the 5 food groups and to remember to eat some of each food group at each meal. To finish our unit I asked the scholars to draw their favorite healthy meal-marked after. Scholars were also asked to write any letter they heard as they labeled the food items. Some were kept and are on display in the classroom.

**\*Letter writing sheets-** scholars practiced writing the letters Ss and Tt. S's can be difficult☺

**\*Math sheets-**review and practice as needed. There are some parent activities included in this week's worksheets-enjoy practicing at home with your scholar!

**\*Thanksgiving Placemats-**Your scholar had their hand painted with colors they chose for the feathers. They added the beak, waddle and legs with crayon.

**\*Little Red Hen Puppets and sample story-**Have your scholar use the puppets to re-tell the story of the Little Red Hen. At this age prompting and support is helpful!

**\*Mr. Moran's Five-**Mr. Moran visited our classroom and painted your scholars hand. In small groups we discussed ways to make us feel better like deep breathing, exercise or movement activities, time away or time out-not as a punishment but as a way to calm down, singing, or asking for help-talking to someone about how you feel.